Troop 344 Camp Alaska	Name	
Date of camp:	Location of camp:	
Meeting place/time:		
Pick-up place/time:		
Partner(s):,	,,,	
Shelter design (include diagrams):		
Materials list for shelter:		
Materials for shelter I'm responsible for bringing	ng:	
Menu: <u>Saturday lunch</u> <u>Saturday S</u>	Supper Sunday Breakfast	<u>Snacks</u>
<u></u>	<u></u>	
Menu items and quantities I'm responsible for	bringing:	
I will be doing the Wilderness Survival Merit I	Badge: 🗆 Yes 🗆 No	
If yes the following requirements must be writ	ten out and turned in prior to camp: 2, 3, 4, 7	, 9, 10, 11, and 12
Be prepared to demonstrate the following at C	ing at Camp Alaska: Survival Kit Three methods other than matches to start a fire Build a shelter and spend a night in it Adequate preparation for the weather conditions	

Winter Camping Personal Equipment List

Head:

____ Stocking cap - 2

Upper Body:

- _____ 2 Long Undershirts polypropylene
- _____ Vapor Barrier Shirt (optional)
- _____ Wool/Polypropylene/Pile Shirt medium weight
- _____ Wool/Pile Sweatshirt
- _____ Wind Jacket with Hood 60/40, nylon,
- Gore-Tex-will double as rain jacket
- _____ Winter Parka with Hood synthetic fill, nylon or Gore-Tex outer

Hands:

Gloves - insulated Wool/Synthetic/Pile Mittens

Lower Body:

- _____ Underwear
- Long Underwear polypropylene light to medium
- _____ Pants/bibs
- Overpants insulated, synthetic fill ski pants or Carharts

Feet:

- _____ Liner Socks (thin) polypropylene 2+ pairs
- _____ Wool/Pile Socks (heavy) 4+ pairs
- _____ Boots or Mountaineering double boots + overboot
- _____ Gaiters coated nylon, large enough to fit over boots (optional)

Raingear:

- Rain Jacket nylon, Gore-Tex must fit over stacked layers
- Rain Pants nylon, Gore-Tex must fit over stacked layers
- _____ Poncho may replace above

Pack & Packing:

- _____ External or Internal Frame Pack
- _____ Stuff Sacks of all sizes all equipment in stuff sacks
- _____ Pack Raincover

Sleeping Gear:

- _____ Synthetic/Down Sleeping Bag rated to -15 or to 0 with overbag and/or blanket liner
- Closed Cell Foam Pad 1/2" (preferred)
- or Inflatable Pad

Shelter:

- _____ Plastic or tarp
- _____ Rope

Eating/Cooking Utensils:

- _____ Silverware
- _____ Mess Kit with cup
- _____1 Quart Water Bottles plastic, wide mouth

Food (individual):

- _____ 1/4 1/2 pound meat & cheese per day
- 1/2 3/4 pound gorp per day

Miscellaneous:

- ____ Scout book
- _____ Flashlight headlamp best, with lithium (best)
- alkaline (ok) batteries (work better in cold)
- _____ Knife
- _____ Matches
- _____ Fire starter
- _____ Personal first aid kit
- _____ Belt or suspenders
- _____ Bandanas the ultimate useful item
- _____ Extra Glasses, Sunglasses, Glasses Strap, Antifog
- ____ Chapstick
- _____ Toilet Articles
- _____ Any Medications needed during trip
- _____ Camera, film, books, games, paper & pen, etc. (optional)
 - _____ Cough drops or sour balls

Notes:

- Contact lenses can be a problem!
- Zipper pulls on all clothing and pack zippers.
- All clothing must be clean.
- Nonfreezing laces on all boots.
- Defog all glasses and goggles.
- Will your shell go over pile, over body?
- Can you get wind/rainpants on with boots on?
- Plan your pack beautifully, so that it takes as little time as possible to get anything out.
- All extra clothing should be quickly accessible.